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[Religious Diets - General Guidelines](#)

GUIDELINES FOR FAITH COMMUNITIES

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ABORIGINAL/ FIRST NATIONS SPIRITUALITY

Diet Practice:

Follow Canada's Food Guide: no dietary restrictions.

Special Observances:

Significant traditional spiritual/cultural/social events such as a Sweat Lodge Ceremony,. Pow-wow, or Round Dance have a Traditional Feast as part of the ceremony. These require the use of certain types of food such as those listed below. (Other information on Aboriginal Traditions can be obtained in Regional Instruction # 702: TRADITIONAL NATIVE FOODS IN CSC INSTITUTIONS - Prairie Region 89-10-02, [see Appendix "B".](#))

TRIBE/AREA	SACRED FOODS
Ojibway (Eastern)	Wild Rice Corn Strawberries Deer Meat
Cree (Prairies)	Bannock Soup Wild Meat Native Fruit
West Coast	Certain Fish

(Resource: the Native Spirituality Information Kit, Correctional Service of Canada, 1988.)

Contact:

The Elder who visits your institution, the regional aboriginal advisory board in your region or, the National Aboriginal Advisory Committee.

BAHA'I

Diet Practice:

Follow Canada's Food Guide; no dietary restrictions.

Contact:

National Spiritual Assembly of the Baha'is of Canada
7200 Leslie St.
Thornhill, Ontario

L3T 2A1
 Tel.: (905) 889-8168
 Fax: (905) 889-8184
 email: nsacan@interlog.com

BUDDHISM

Diet practice:

There are many variations of practice in Buddhism depending on which country the follower is associated with or the school to which the follower is faithful. The Mahayana school, the more common form of Buddhism in Canada (including Zen Buddhism), is less strict than the Thervada school, which follows a pure vegan diete. The Buddhist may fit into any of the following variations:

Possible Buddhist Diets	Prohibited Foods	Additional Information
CANADA'S FOOD GUIDE		
CANADA'S FOOD GUIDE	PORK	
SEMI-VEGETARIAN	CHICKEN, PORK AND BEEF	NO ADDED ANIMAL FATS
LACTO-OVO VEGETARIAN		NO ADDED ANIMAL FATS
LACTO-VEGETARIAN		NO ADDED ANIMAL FATS
PURE VEGAN (THERVADA)		NO ADDED ANIMAL FATS

[See Sample Menus Appendix "D" Table 3-7.](#)

Contact:

Buddhist Association Supporting Interfaith
 & Services (BASIS)
 P.O. Box 5810 Wilson Avenue
 Duncan, British Columbia
 V9L 1K4

Tel.: (250) 748-6028
jhampas@island.net

Past President of The Buddhist Council of
 Canada
 3 Ardmore Road
 Toronto, Ontario

M5P 1V4
 Tel.: (416) 487-2777

CHURCH OF CHRIST, SCIENTIST (CHRISTIAN SCIENCE)

Diet Practice:

Follow Canada's Food Guide; no dietary restrictions.

CHRISTIANITY (MAINLINE CHURCHES)

Diet Practice:

Follow Canada's Food Guide; no dietary restrictions.

Special observances:

Fasting and abstinence are voluntary and optional spiritual practices that some Christians follow. For some, Ash Wednesday and the Fridays of Lent, including Good Friday, are occasions when they may choose to limit or alter their food consumption in some way. Some Christians will choose to fast and abstain every Friday of the year. "Fasting can vary from person to person, some people will be able to make a total fast, eating only bread and drinking only water; others will adopt a vegetarian diete on a day of fast; others still will take only one complete meal" (Pastoral Message of Ontario Bishops).

DOUKHOBOR

Diet Practice:

Followers adhere to Lacto-ovo Vegetarian Diet ([see Appendix "D" Table 5](#)).

Contact:

The Union of Spiritual Communities of Christ
 P.O. Box 760
 Grand Forks, British Columbia
 V0H 1H0
 Tel.: (250) 442-8252
 Fax: 250-442-3433

HARE KRISHNA:

Diet Practice:

There is a requirement that the food eaten by Hare Krishna devotees be **Prasadam** (spiritualized). In order for the food to be Prasadam it must meet the following criteria:

- It must be prepared with the utmost cleanliness including the person preparing the food, the preparation area and the utensils being used. The utensils must not have been used to cook non-lawful foods such as meat, poultry, eggs and fish.
- It must be prepared and offered by a devotee according to the Krishna methods prescribed in the Holy Books.
- It must consist of foods included in a strict Lacto-Vegetarian Diet:

Hare Krishna Diet	Prohibited Foods
LACTO-VEGETARIAN (See Appendix D, Table 6).	MADE FROM SLAUGHTERED ANIMAL BYPRODUCTS, SUCH AS: · LARD, GELATIN, RENNET, · SOUR CREAM, YOGURT AND CHEESE CONTAINING THESE PRODUCTS. BREADS CONTAINING LARD.

In an ideal situation, a Hare Krishna devotee would normally prepare his own meals. However, when this is not possible due to security concerns in the federal penitentiary facility, meals will normally be provided from the kitchen.

In institutions where the security and space requirements allow, a Hare Krishna inmate should be able to do his own cooking. The foods that should be made available to him are listed in [Appendix D Table 13 \(Lacto-Ovo and Lacto Vegetarian Food Supply List\)](#). It is noted above that food preparation requires the use of separate utensils. It has been

suggested that an electric wok would be a suitable cooking utensil.

Holidays:

Special Observances:

Hare Krishna devotees follow a system of partial fasting twice a month on the days of Ekadasi. This requires them to abstain from all grains, beans, lentils and peas. All other vegetarian foodstuffs are taken (fruits, vegetables, nuts, milk, etc.) On the two major Grand Celebrations that occur each year, all Krishna devotees observe total fasting until the evening at which time a banquet feast is served to all celebrants. This occurs after hours of prayer, chants and sacred readings.

For special holidays, some of the following items should be provided depending on availability: Chapatis, ghee (clarified butter), basmati rice, raw/demara sugar.

Contacts:

ISKCON Temple
1626 Boul. Pie IX
Montréal, Quebec
H1V 2C5
Tel.: (514) 521-1301
Fax: (514) 596-4485
Email: mtl@videotron.ca
Attn.: Guy Paquette

ISKCON
5462 SE Marine Dr.
Burnaby, British Columbia
V5J 3G8
Tel.: (604) 433-9728
Fax: 604-431-7251

ISKCON Toronto
243 Ave. Road
Toronto, Ontario
M5R 2J6
Tel.: (416) 922-5415
Fax: 416-922-1021
Email: toronto@com.bbt.se

ISKCON Regina
1279 Retallack St.
Regina, Saskatchewan
S4T 2H8
Tel.: 306 525-1640

HINDUISM

Diet Practice:

Dietary practices are different for Hindu followers depending on the sect to which one belongs. Some Hindu followers are pure vegans while others eat fish and some meats. If one has "dedicated" a specific fruit to God, one is forbidden to eat it for the rest of one's life. Variations in Hindu Diets are as listed:

Possible Hindu Diets	Prohibited Foods	Additional Information
SEMI-VEGETARIAN	BEEF, PORK	
SEMI-VEGETARIAN	BEEF, PORK, EGGS	
LACTO-VEGETARIAN		DO NOT MIX VEGETARIAN FOODS WITH NON-VEGETARIAN FOODS WHEN COOKING.

[See Appendix "D" Tables 3, 4 & 6.](#)

Special Observances:

On special occasions a Hindu may fast with fruits and milk or juice. During occasions like bereavement, a combination of fruits, raw and steamed vegetables only (the latter generally once a day) is accepted with milk. Rock salt is appropriate for such occasions. (Resource: the Ontario Multifaith Information Package, prepared by Dr.S.S.Chakravarti, author of Hinduism, A Way of Life.)

Contact:

As there is so much diversity within the unity of Hinduism, each local Temple is important. There is no national organization of Hindus. However, for information, contact:

Voice of the Vedas
8640 Yonge St.
Thornhill, Ontario
L4J 1W8

Swami-in-charge
Vedanta Society of Toronto
120 Emmett Ave.
Toronto, Ontario
M6M 2E6
Tel.: (416) 240-7262
Fax: (416) 245-3764

ISLAM

Diet Practice:

For a strict Muslim or Moslem, food is separated into two categories: Haram (unlawful) and Halal (lawful). Some adherents to this faith may only avoid pork and pork byproducts.

Possible Islamic Diets	Prohibited Foods	Additional Information
CANADA'S FOOD GUIDE.	PORK OR PORK BYPRODUCTS.	HALAL MEAT IS NOT REQUIRED.
STRICT ISLAMIC DIET (See Appendix "D" Table 4.)	PORK, LARD, PEPSIN*, GELATIN*.	ALL BEEF, FISH AND POULTRY MUST BE HALAL. (VEGETABLE OIL ONLY FOR COOKING.)

**Foods containing these ingredients are allowed if written confirmation that they are not made with pork is obtained (please note that kosher foods do not contain any pork or pork products).*

Halal Meat and Poultry: That which is slaughtered according to the Islamic method of slaughtering animals and birds.

Halal Fish: Fish or seafood from unpolluted waters.

In larger centres, Halal meat is available fresh, frozen or processed. (Resource: Dr. Mohamed Ibrahim Elmasry of the University of Waterloo as found in the Ontario Multifaith Information Package , 1991.)

Special Observances:

Ramadan is a major Muslim holiday that includes many days of fasting. It is celebrated annually for a month in or

around January or February. Adherents abstain from eating food each day between sunrise and sunset. Other arrangements must be made to accommodate their food requirements after these hours.

Contact:

Council of Muslim Communities in Canada
Apt. 603
4 Forest Laneway
North York, Ontario
M2N 5X8
Tel.: (416) 512-2106
Fax: SAME
Muin Muinuddin

Centre Islamique du Québec
2520, chemin Laval
Ville Saint-Laurent, Québec
H4L 3A1
Tel.: (514) 333-3046
Fax: 514-331-8182
Imam Rafik Sekkat

JAINISM

Diet Practice:

Followers adhere to strict Lacto-Vegetarian Diet. ([See Appendix "D" Table 6](#))

Contact:

Jain Society
37 Tuscarora Drive
North York, Ontario
M2H 2K4
Tel.: H 416-491-5560
Email: mody@sympatico.ca

JEHOVAH'S WITNESSES

Diet Practice:

Members "avoid eating meat with blood left in it, or other foods to which blood has been added" p JE2 from The Ontario Multifaith Information Package. No other restrictions.

Contact:

Canadian Branch Office
Box 4100
Halton Hills, Ontario
Tel.:
Fax: (905) 451-8200

JUDAISM

Diet Practice:

Within Judaism there are four major branches including Conservative, Orthodox, Reformed and Reconstructionist, as well as subdivisions within each of the first three mentioned. Depending on the group to which one belongs, there may

be different expectations regarding religious diets. Jewish dietary regulations indicate meat (including poultry) and dairy products cannot be cooked, served or eaten together. (Resource: Handbook of Religious Beliefs and Practices, U.S. Department of Corrections, 1987.)

Possible Jewish Diets	Prohibited Foods	Additional Information
CANADA'S FOOD GUIDE.	PORK.	
STRICT ORTHODOX.	PORK, SEAFOOD.	ALL OTHER MEAT, FISH & POULTRY MUST BE KOSHER*.
SEMI-VEGETARIAN (See Appendix "D" Table 4).	ALL MEAT & POULTRY.	ALL FISH MUST HAVE BOTH SCALES & FINS.

* Kasher: **Meat**-- Animals are considered kosher if they chew their cud and have divided hoofs (cows, goats, sheep, etc.); the eating of meat from any animal that does not chew its cud and have divided hoofs is prohibited (pork and its derivatives).

* Kasher: **Poultry**-- Kosher fowl are primarily those that are not birds of prey (chicken, ducks, geese, turkeys).

All of the above must be slaughtered and dressed in the prescribed manner to be considered kosher.

*Kasher: **Fish**-- Fish are considered kosher if they have both scales and fins (carp, salmon, whitefish, tuna, etc.). Unlike meat, they do not have to be slaughtered or dressed in any prescribed manner. Furthermore, fish may be eaten with dairy products if prepared with a non-meat shortening or broiled.

Utensils used for the preparation and serving of non-kosher food may not be used for kosher food or vegetables.

When a person wishes to strictly observe the Jewish dietary regulations (Orthodox Jews) and there are no facilities for kosher meat, it is advisable to serve a protein substitute diet (i.e. milk and milk products, eggs, kosher fish, fruits, vegetables, in place of meat), or to obtain kosher TV dinners.

Festivals: For the major Jewish festivals, kosher wine (in an emergency, kosher grape juice) should be available.

Special Observances:

During the eight days of Passover, leavened products are not eaten. These include bread, cake, cereal, macaroni, spaghetti, noodles, and foods containing starch. Legumes, according to the custom of European Jewry, are also forbidden. Soups should be of a clear broth base; fresh fruit and salads should be predominant on the menu. All manufactured products require rabbinical supervision.

For the special communal meal on the first two nights of Passover, special foods are required. These include: unleavened bread (matzoh), one jar of horseradish, a fresh green vegetable -(parsley, celery, lettuce, etc.), a bit of salted water, a mixture of apples, chopped walnuts or almonds, and kosher grape juice or wine. These foods should be "Kosher for Passover".

It is requested that each Jewish inmate be provided with the following foods for the Passover observance:

ITEM	PER INMATE
Salami	5 lb.
Matzoh biscuits	2 lb.
Cookies (if certified "Kosher for Passover") assorted 1 lb. size	1 lb.
TV dinners ("Kosher for Passover")	1 each day for supper
Chickens (kosher)	4 lb. 1 each

Days of fasting:

There are 6 days of fasting in Judaism:

Yom Kippur, the great Day of Atonement

The fast of Gedaliah: the day after Rosh Hashanah

The 10th of Tevet (January)

The fast of Esther: the day before Purim

The 17th of Tamouz (mid-July)

The 9th of Av (end of July or beginning of August).

During these days of fasting, the inmate will not eat or drink from sunset on the previous day to sunset on the day of fasting. The fast is normally ended with a light meal made of milk products. The Chaplain is to provide the dates for these fasts to Food Services.

For more detailed information, see The Ontario Multifaith Information Package, 1991, p. JU5-8, prepared by Rabbi Sheldon Steinberg, Toronto Jewish Congress, and/or the ODA-OHA Nutritional Care Manual, 1989, p. 7-9, as found in [Appendix "C"](#).

Contact:

Atlantic Jewish Council
Lord Nelson Hotel
11515 South Park St.
Suite 305
Halifax, N.S.
B3J 3L2

Tel.: (902) 422-7491
Fax: (902) 425-3722
Rabbi David Ellis

Email: a1993@chebucto.ns.ca

Fédération des services
communautaires juifs de
Montréal/ Federation of Jewish
Community Services of
Montreal
5151, chemin De la Côte Ste-
Catherine
Montréal, Quebec
H3W 1M6

Tel.: (514) 345-2642
Fax: (514) 735-8972

Canadian Jewish Congress
4600 Bathurst St.
Willowdale, Ontario
M2R 3V2

Tel.: (416) 638-7800 Ext. 212
Fax: (416) 638-7943
Rabbi Ronald Weiss
rgweiss@interlog.com

MENNONITES

Diet Practice:

Follow Canada's Food Guide; no dietary restrictions.

METROPOLITAN COMMUNITY CHURCH

Diet Practice:

Follow Canada's Food Guide; no dietary restrictions.

MORMONS (CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS)

Diet Practice:

As a result of adherence to a health code included in the **Doctrines and Covenants**, Latter Day Saints eat meat sparingly, encourage the use of wholesome herbs, fruit, vegetables and grains in proper proportions conducive to good health.

Mormon Diet	Prohibited Foods	Additional Information
CANADA'S FOOD GUIDE	TEA COFFEE	EAT MEAT SPARINGLY, ENCOURAGE WHOLE GRAINS FRUITS AND VEGETABLES.

Contact:

LDS (Latter Day Saints) Mormon Temple
 Box 700
 Cardston, Alberta
 T0K 0K0
 Tel.: (403) 653-3552
 Fax: (403) 653-2635

PHILADELPHIA CHURCH OF GOD

Diet Practice:

Although not Jewish, adherents follow the kosher dietary laws. They are not to eat foods that contain pork or pork byproducts.

Philadelphia Church of God	Prohibited Foods	Additional Information
KOSHER DIET	PORK, SEAFOOD	ALL OTHER MEAT, FISH & POULTRY MUST BE KOSHER.

Contact:

Philadelphia Church of God
 PO Box 61541
 Fennel Postal Outlet
 Hamilton, ON
 L8T 5A1
 Tel.: (905) 385-1308
 Fax: (905) 385-8460

RASTAFARIANISM

Diet Practice:

Rastafarians are primarily lacto-vegetarians who also eat certain fish. The diet will vary slightly depending on geographical area.

Rastafarian Diet	Prohibited Foods	Additional Information

SEMI- VEGETARIAN.	MEAT, POULTRY AND EGGS PROCESSED CHEESES SEAFOOD.	FISH WITH FINS AND SCALES ARE ALLOWED.
LACTO-VEGETARIAN (See Appendix "D" Table 6)	PROCESSED CHEESES	FREQUENTLY USED FOODS: CONDENSED MILK, ROOT VEGETABLES.

Special Observances:

For special feast days, some of the following items should be provided depending on availability:

- | | |
|-------------------------------|--------------------------|
| Yams (of different varieties) | Green bananas |
| Dasheen/dasheen leaves | Green and ripe plantains |
| Callalio | Yampie |
| Chocho/christophine | Coco |
| Basmati rice | |

Contact:

National Council of Jamaicans and Supportive Organizations in Canada Inc.
398 O'Connor St.
218/220
Ottawa, Ontario
K2P 1W3
Tel.: (613) 236-6102
Fax: (613) 236-8170

RELIGIOUS SOCIETY OF FRIENDS (QUAKERS)

Diet Practice:

Follow Canada's Food Guide; no dietary restrictions.

ROSICRUSCIANISM

Diet Practice:

Members follow Lacto-ovo Vegetarian Diet. [\(See Appendix "D" Table 5.\)](#)

CHURCH OF SCIENTOLOGY

Diet Practice:

Follow Canada's Food Guide; no dietary restrictions.

Contact:

Director of Special Affairs	Church of Scientology
Church of Scientology of Montreal	696 Yonge Street

4489, Papineau
 Montréal, Quebec
 H2H 1T7
 Tel.: (514) 527-9908

Toronto, Ontario
 M4T 2A7
 Tel.: (416) 925-2145

SEVENTH DAY ADVENTISM

Diet Practice:

Members adhere to a balanced vegetarian diete, preferably Lacto-ovo Vegetarian Diet. Their way of life stresses total health. If meat and/or fish are taken, they must be kosher. Therefore, restrictions apply as in the case of Judaism.

Seventh Day Adventist Diet	Prohibited Foods	Additional Information
LACTO-OVO VEGETARIAN (see Appendix "D" Table 5.)	COFFEE, TEA, COLAS, CHOCOLATE.	MEAT AND FISH MAY BE CONSUMED IF KOSHER (See Judaism) .

Contact:

The Seventh Day Adventist Church in Canada
 National Headquarters
 1148 King St. East
 Oshawa, Ontario
 L1H 1H8
 Tel.: (905) 433-0011
 Fax: (905) 433-0982

SIDDHA YOGA

Diet Practice:

The Spiritual Path of Siddha Yoga recommends a Lacto-Vegetarian Diet (see Appendix "D" Table 6) within the Ashram. Outside of the Ashram, the adherents are encouraged to follow a vegetarian diet in as much as that is possible considering their environment.

Contact:

Siddha Meditation Prison Project
 SYDA Foundation
 371 Brickman Rd.
 P.O. Box 600
 South Fallsburg
 N.Y. 12779-0600
 Tel.: (914) 434-2000 Ext. 1775
 Fax: (914) 436-2139

SIKHISM

Diet Practice:

The dietary practices of the Sikhs vary. Some are vegetarian, others eat meat, though usually not beef. It is incumbent upon Baptized Sikhs to do their own cooking. Their dietary requirements are listed below. Other variations in diet are as follows:

Possible Sikh Diets	Prohibited Foods	Additional Information
CANADA'S FOOD GUIDE		
SEMI-VEGETARIAN		Table 2 Appendix "D"
LACTO-OVO VEGETARIAN		Table 5 Appendix "D"
LACTO VEGETARIAN		Table 6 Appendix "D"

Baptized Sikhs:

Baptized Sikhs normally do their own cooking. However, when this is not possible due to security constraints and inadequate facilities for individual meal preparation in the federal penitentiary facility, meals will normally be provided from the kitchen. In the event that an inmate can do his/her own cooking, the following utensils would facilitate the preparation of meals: a Tava (iron plate about 8" in diameter), a rolling pin, and an electric wok.

In institutions where the security and space requirements allow, a Baptized Sikh inmate should be able to do his/her own cooking. If the inmate is lacto-vegetarian, the foods that should be made available are listed in [Appendix D Table 13 \(Lacto-Ovo and Lacto Vegetarian Food Supply List\)](#).

Special Observances:

Holidays: Festival food to be prepared by inmate--Karah Parshad (sacred food, like a pudding). Ingredients required include flour, unsalted butter, sugar, and water.

For holidays, some of the following items should be provided depending on availability:

Chapatis, ghee (clarified butter), graham flour (besan), basmati rice, lentils, chili powder, turmeric, sugar, yogurt, milk, seasonal vegetables, potatoes, carrots.

A feast is held after worship in the presence of the Guru Granth Sahib. This feast consists of lacto vegetarian foods.

Fasting is not required but may be undertaken for reasons of health or personal discipline.

Contact:

Federation of Sikh Societies of Canada
PO Box 91, Station B
Ottawa, Ontario
K1P 6C3
Ottawa: Gurchuran Singh

Sikh Institute of Canada
Amarjit Singh
1261 Mariposa Ave.
Victoria, B.C.
V8Z 6T5

Tel.: (613) 737-7296

Tel.: (250) 727-2758

Vancouver: Tel.: (604) 543-9662

SUFISM

Diet Practice:

Vegetarianism is common as part of religious practice but not required.

Contact:

The Sufi Order
P.O. Box 396,
New Lebanon, N.Y.
2125

TAOISM

Diet Practice:

Nutritional balance is encouraged; follow Canada's Food Guide. The diete, as taught by the Master of the Taoist Tai Chi Society, has no restrictions but does discourage excesses. One sect, the Monastic Sect of Taoism (Quanzhen), although rarely encountered, prescribes a Macrobiotic Diet ([see Appendix "E" for details](#)).

Contact:

Taoist Temple Fung Loy Kok
D'Arcy Street
Toronto, Ontario
Tel.: Ida Tong (416) 595-5291

Taoist Tai Chi Society of Canada
1376 Bathurst Street
Toronto, Ontario
M5R 3J1
Tel.: (416) 656-2110
Fax: (416) 654-3937

Taoist Temple
Calgary, Alberta
Tel.: (403) 266-4244

TRANSCENDENTAL MEDITATION

Diet Practice:

Follow Canada's Food Guide; no dietary restrictions.

UNIFICATION CHURCH (MOONIES), ALSO KNOWN AS THE HOLY SPIRIT ASSOCIATION FOR THE UNIFICATION OF WORLD CHRISTIANITY

Diet Practice:

Follow Canada's Food Guide; no dietary restrictions.

UNITARIANISM

Diet Practice:

Follow Canada's Food Guide; no dietary restrictions.

WICCA

Diet Practices:

The dietary practice of Wiccans varies depending on traditions by which a coven identifies itself and individual conscience. For example, some covens practice belief in a divinity that protects animals and so they would observe a vegetarian diete.

Special Observances:

Wiccans participate in ceremonies that require ritual foods and feast foods. Ritual foods generally consist of cake or bread, with carbonated fruit juice or wine. These would preferably be prepared by Wiccans, as preparation is a sacred act of offering. Feasting is a sharing of food potluck style, after the body of the ceremony which is more spiritual in nature. Feast Foods vary according to the availability, season, and beliefs and teachings as expressed in the specific tradition.

Contact:

The Wiccan Church of Canada
109 Vaughan Road
Toronto, Ontario
M6C 2L9
Tel.: (416) 656-6564

Pagan Federation/Fédération paï enne - Canada
(umbrella organization)
P.O. Box 32, Station "B"
Ottawa, Ontario
K1P 6C3
Email: pfpc@cyberus.ca

WORLDWIDE CHURCH OF GOD

Diet Practice:

Pork and shellfish are not allowed. There are no other restrictions.

ZOROASTRIANISM

Diet Practice:

Many Zoroastrians follow a semi-vegetarian diet without beef, pork and poultry by choice ([see Appendix "D" Table 4](#)), but this is not required.

Contact:

Zoroastrian Society of Ontario
3590 Bayview Ave.
Willowdale, Ontario
M2M 3S6
Tel.: (416) 733-4586
Diet: Mr. Yezed Andia (416) 497-5679

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